



PE SCHOLAR

PE Curriculum Design

Blended Learning Programme

A self-paced two-term PE CPD Programme that will inspire and support you to build a world-class physical education offer

This comprehensive programme has been developed and tested over the past 12 months to enable existing and aspirant subject leaders of physical education to challenge and transform their PE offer to be fit for every 21st century learner in their school.

The programme brings ideas from research and practice to life through a rich variety of video clips, blog articles, low stakes quizzes and tasks. They have been expertly created to enable you to reflect on your current context and practice before sharing case study examples from a wide variety of schools to help you transform your offer.

You will be challenged to complete tasks and personalise frameworks through self-paced eLearning activities before tuning in to regular Q&A checkpoints that will support your curriculum transformation. These live Q&A sessions will be hosted via Zoom. They will enable you to interact with programme designers and your cohort of learners to exchange and challenge thinking further.

All participants will be expected to upload a resource to capture their learning and thinking at the end of some modules. In doing so, you will unlock access to a growing library of ideas to help progress and support your thinking further. For example, uploading your student friendly curriculum



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intent statement will enable you to see the library of visuals created by others.

Each module is fully asynchronous, meaning you can log on each week at a time that is convenient to you, and we hope you will choose to join us for the live Q&A checkpoint. These live sessions are not compulsory, but we encourage full participation to maximise learning and impact from this programme.

On completion of all 12 modules, you will be invited to graduate with your cohort and awarded a certificate alongside digital CPD points.

Programme Summary



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PE Curriculum Design - Blended Learning Programme

A self-paced two-term PE CPD Programme that will inspire and support you to build a world-class physical education offer.



Module 1:
Understanding Your Context



Module 2:
Interpreting your national curriculum for PE



Module 3:
Understanding physical literacy and its role within PE



Module 4:
Understanding Ofsted's Education Inspection Framework



Module 5:
Unpicking your curriculum intent for PE



Module 6:
Communicating your intent with clarity and consistency



Module 7:
Exploring different approaches to teaching and models-based practice



Module 8:
Creating a well-sequenced learner journey through PE



Module 9:
Setting your non-negotiables for every PE lesson



Module 10:
A 4M approach to assessment that matter for PE



Module 11:
Short, medium and long term planning to ensure progress for all



Module 12:
Effective leadership of sustainable change



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Programme Syllabus

Module 1 – Understanding Your Context

In this module, we will explore youth personalities and recent insight about young people to help better understand the attitudes, motivations and needs of your students. You will see some example student voice surveys before designing your own. In essence, we are unpicking who needs what from PE in your school.

Aims of module 1:

1. Reflect on your students and your context
2. Understand young people today – their attitudes, motivations, needs and challenges
3. Identify cohorts of learners with similar characteristics and needs

Outputs:

1. Create a student voice survey to gain insight into their perspective to help inform your work
2. Establish clarity of priority outcomes needed by your students

Module 2 – Interpreting your national curriculum for Physical Education

In this module, we will explore different physical education curricula from around the world to help you unpick aspects of a world-class offer that are right for your context. You will be supported to interpret and summarise key aspects of the curriculum. In essence, we are clarifying national guidelines for PE that need to be considered when designing your offer.

Aims of module 2:

1. Understand UNESCO guidelines for Quality Physical Education
2. Explore features of physical education policy in countries around the world



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3. Identify priorities to satisfy PE curriculum expectations in your context

Outputs:

1. Create a rank ordered checklist of what must be included in your PE offer
2. Summarise the factors that are less important to you and your students

Module 3 – Understanding physical literacy and its role within PE

In this module, we will explore different perspectives of physical literacy and its evolution as a principal marker for effective physical education. In essence, we are ensuring you have a thorough understanding of physical literacy and why it is important for PE.

Aims of module 3:

1. Reflect on your current understanding of physical literacy
2. Discover more about the evolution of physical literacy as a construct
3. Secure a coherent understanding of physical literacy in the context of PE

Outputs:

1. Create an infographic summarising physical literacy for students, parents and school staff
2. Identify simple ways of evaluating physical literacy

Module 4 – Understanding Ofsted's Education Inspection Framework

In this module, we will 'deep dive' into the inspection handbook used in England and touch on school evaluation in other countries. In essence, we



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are ensuring you have a thorough understanding of how PE is inspected in England whilst also considering the international context.

Aims of module 4:

1. Understand principles behind and priorities within Ofsted's EIF
2. Discover a little about how education is inspected and judged elsewhere around the world
3. Prepare for a 'deep dive' into the quality of your PE provision

Outputs:

1. RAG rated confidence in your PE department performing well against Ofsted's EIF remits
2. Prepare model answers to a range of typical inspection questions

Module 5 - Unpicking your curriculum intent

In this module, we will share some example vision statements for PE before supporting you to refine and capture a high impact curriculum intent statement that is fit for purpose in your setting. In essence, we are challenging you to think carefully about the purpose and value of PE in your school and find a way to articulate the ambitions you have for all learners from your subject.

Aims of module 5:

1. Explore your ambitions for what PE will give to every learner
2. Understand the importance of thinking about the why as well as the how and what of PE
3. Examine the intent (vision) statements from other schools to help refine thinking and challenge the importance of focus and language



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Outputs:

1. Write a student friendly PE curriculum intent statement
2. Create a branded poster to share your PE vision

Module 6 – Communicating your intent with clarity and consistency

In this module, we will support you to build a communication plan to ensure all stakeholders buy-into and thoroughly understand your vision for the purpose of PE. In essence, we are helping you build appropriate messaging for students, parents, senior leaders, inspectors and the wider community.

Aims of module 6:

1. Understand the importance of clear, concise and consistent language
2. Explore examples of good (and not so good) practice around communicating a vision
3. Able to create a communication strategy for PE that considers different audiences

Outputs:

1. Create an assembly (and display) to help all students understand the value of PE to them
2. Write a newsletter for parents to articulate your updated PE intent/ purpose

Module 7 – Exploring different approaches to teaching and models-based practice

In this module, we will analyse both research and practice from around the world on effective pedagogical approaches to PE. We will explore the relative merit of different models-based practice to include Sport Education, Teaching Games for Understanding, Co-operative Learning and five other tools that have proven to be effective. In essence, we are exploring the how



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of curriculum implementation to ensure it is memorable, meaningful and motivating for all students.

Aims of module 7:

1. Appreciate the limitations of direct instruction as a tool for PE delivery
2. Understand the key characteristics of eight different approaches to teaching
3. Increased confidence to utilise a variety of pedagogical models

Outputs:

1. Summarise key features of different models-based practice via a mind-map
2. Prepare a unit of work to trial an unfamiliar pedagogical model

Module 8 - Creating a well-sequenced learner journey through PE

In this module, we will look at the memorable experiences that matter most within PE. We will explore the curricular as well as wider extra-curricular activities that help define the pathway through physical education, school and life more generally to challenge how this journey could be improved. In essence, we are looking at how you arrange learning opportunities through your programme of study to make most sense to today's learners.

Aims of module 8:

1. Reflect on memorable experiences that matter within PE
2. Examine and critique a variety of learner journeys
3. Describe a progressive pathway of learning in PE

Outputs:

1. Build a visual learner journey that captures significant aspects of learning in PE



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2. Create a Programme of Study that identifies the diet of learning opportunities for a key stage

Module 9 – Setting your non-negotiables for every PE lesson

In this module, we will help clarify your list of non-negotiables for Quality PE delivery in your school. We will explore essential and desirable features when it comes to ensuring physical education meets the needs of all students. Quality Assurance can be a great tool to raise standards, but it must be done in a developmental manner and we will show you how. In essence, we will establish a checklist of what you expect to see, hear and feel in every PE lesson to ensure students get what they need from the subject.

Aims of module 9:

1. Reflect on what makes great learning possible in physical education
2. Explore the USP of physical education when it comes to high quality teaching
3. Understand how to construct Quality Assurance processes with support and development at the heart of design

Outputs:

1. Construct a list of non-negotiables for every PE lesson in your school
2. Develop a Quality Assurance plan that works for PE

Module 10 – A 4M approach to assessment that matter for PE

In this module, we will explore recent research and practice around assessment before unpicking a 4M approach to ensuring it is effective in your school. In essence, we are supporting you to transform your assessment policy, procedures and practices in PE to make more sense and



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better reflect your curriculum intent whilst also adhering to whole school frameworks.

Aims of module 10:

1. Understand the importance of diagnostic, formative and summative assessment
2. Identify critical features necessary in the craft of assessment within PE
3. Explore our 4M principles of assessment

Outputs:

1. Create a visual to capture essential outcomes from PE
2. Establish a plan to evolve current assessment practices for PE in your school

Module 11 - Short, medium and long term planning to ensure progress for all

In this module, we will examine a number of ways to capture curriculum maps, schemes of learning/ units of work and individual lesson plans. Managing teacher workload requires efficient ways to create and modify planning documents to add value, raise standards and avoid stifling individual teacher creativity. In essence, we will share ideas and templates for 21st century planning documents that will enhance PE provision rather than create unnecessary paperwork that doesn't translate into a change in everyday practice.

Aims of module 11:

1. Capturing your PE curriculum overview for all years to include a rich variety of activities, approaches and assessment
2. Building a unit of work that supports consistency of learning whilst still allowing flexibility to meet individual group needs



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3. Utilising a simple lesson planning format to personalise learning ambitions for specific groups

Outputs:

1. Create a unit of work that supports the development of transferable skills and concepts
2. Write a lesson plan that carefully considers the atmosphere, approach, activities and assessment

Module 12 – Effective leadership of sustainable change

In this module, we will recall the basics around effective leadership and management of people and PE before considering how to improve your own leadership style. We will delve into several change management models before supporting you to clarify your development plan for PE. In essence, we will help you discover more about yourself as a leader or manager and create an action plan for improvement.

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Aims of module 12:

1. Explore leadership approaches
2. Discover your leadership strengths and how to capitalise on them
3. Understand change management models

Outputs:



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1. Summarise personal leadership strengths based on assessment tool completion
2. Create a K.I.S.S plan for improvement