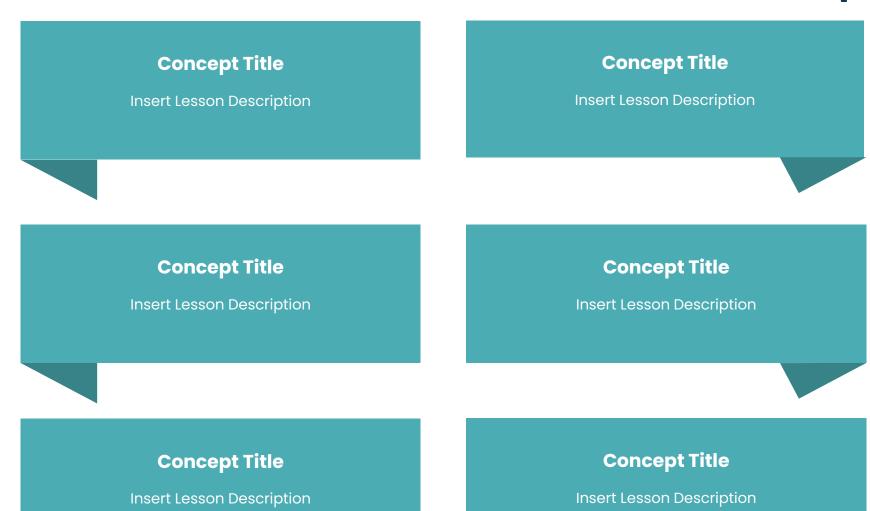
Year X Unit X – Insert Overall Concept





Lesson Description

Add Lesson Description

Know

Add Know Objective

Show

Add Show Objective

Grow

Add Grow Objective



Lesson Introduction

Lesson Concept:

Energise, Explore and Link

Energiser and Exploration Activity:

Link Questions:

Activity 1

Activity 1: (insert your planning

Activity 2

Activity 2: (insert your planning here)

A

E

Activity 3

Activity 3: (insert your planning here)

Discovery / DIRT Plenary

Discovery Questions:

Teachable Moments

Targeted Learning:

Discussion Points:

Equipment Required in Lesson

Energise, Explore & Link Activity:

Activity 1:

Activity 2:

Activity 3:

Physical Domain



Locomotion

Balance & Stability

Object Control

Suggested Energise, Explore & Link

Physical Domain:



Equipment Required:Soft balls

Group Size team (meteors)

- Get the children into teams of three of four, they will form one shuttle. Keep two or three children out, they will be throwing the meteors.
- The children in the shuttles must stand in a single file line with their hands on each others shoulders. The astronaut in front is the pilot and will dictate the direction of the shuttle.
- The children not in a shuttle should be given a soft ball. They will throw this at the children in the shuttle. If they hit an astronaut in the shuttle, the astronaut that was hit must leave the shuttle and swap with the astronaut that hit them.
- The meteor throwers are not able to move with the ball and can only throw it from where they pick the ball up from.













Support & Challenge

- Make it easier by reducing the size of the shuttles, the number of students throwing the meteors or increasing the activity space.
- Make it harder by increasing the number of students throwing meteors, the number of students that make up the shuttles or reducing the activity space.

Teachable Moments

Link Question:

- How did you talk to people in your shuttle to avoid the meteors.
- Who communicated well? How?



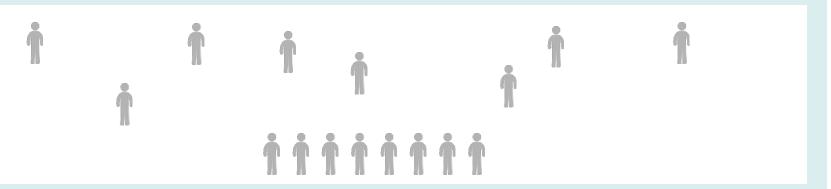
Activity:



Equipment Required:Insert Equipment Required

Group Size: Insert Group Size

Insert Activity Instructions



Support & Challenge

- Add challenge
- Add Support

Teachable Moments

- What might teachers need to look out for?

