

SUPERCHARGED PE

THE WORLD BEYOND THE CLASSROOM IS CROSS-CURRICULAR. THROUGH MY WINDOW I SEE WALLS, TREES, PEOPLE WALKING BY, CARS, BIRDS, CLOUDS AND THE OCCASIONAL **AEROPLANE.**

I UNDERSTAND NONE OF THEM FULLY FROM THE PERSPECTIVE OF JUST ONE CURRICULUM **SUBJECT (BARNES, 2015)**

WE HAVE ACCEPTED THE NOTION THAT CROSS-CURRICULAR LEARNING IS A POSITIVE THING. AND YET THE VAST MAJORITY OF SCHOOLS. DEPARTMENTS AND TEACHERS STILL STRUGGLE TO SUCCESSFULLY AND MEANINGFULLY IMPLEMENT IT WITHIN OUR PE LESSONS





SUBJECT LINKS

ACTIVITY IDEAS

MATHS



COUNTING BEATS IN DANCE

MEASURING DISTANCES IN ATHLETICS

CALCULATING AREAS IN GYMNASTICS

SOLVING PROBLEMS IN PROBLEM-SOLVING ACTIVITIES

ENGLISH



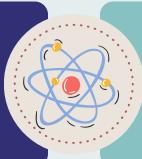
WRITING STORIES ABOUT PE EXPERIENCES

READING ABOUT FAMOUS ATHLETES

DISCUSSING THE IMPORTANCE OF TEAMWORK IN PE

WRITING REFLECTIONS ABOUT THE **WORK STUDENTS HAVE UNDERTAKEN**

SCIENCE



LEARNING ABOUT THE HUMAN BODY AND HOW IT MOVES

STUDYING THE EFFECTS OF EXERCISE ON THE BODY

INVESTIGATING THE PHYSICS OF DIFFERENT SPORTS

> **UNDERSTANDING THE IMPORTANCE OF NUTRITION FOR ATHLETES**

HUMANITIES



LEARNING ABOUT THE HISTORY OF DIFFERENT

STUDYING THE ROLE OF PE IN DIFFERENT **CULTURES AND GEOGRAPHICAL AREAS**

> INVESTIGATING THE **IMPACT OF PE ON SOCIETY**

EXPLORING THE HISTORY OF PHYSICAL

EDUCATION AS A SUBJECT



LEARNING ABOUT HEALTHY LIFESTYLES

EXPLORING THE IMPORTANCE OF FAIR PLAY

DISCUSSING THE IMPACT OF PE ON

UNDERSTANDING THE DANGERS OF

OBESITY AND INACTIVITY

PERFORMING



CREATING SONGS OR DANCES INSPIRED BY

EXPLORING FAMOUS SPORTING IMAGES AND RECREATING THEM

> **CREATING VIDEO AND IMAGES OF PERFORMANCES**

DIFFERENT SPORTS

DESIGNING DISPLAYS OR MURALS RELATED TO PE AND SPORT

IDENTIFY CONNECTIONS - START BRAINSTORMING, LOOK FOR TOPICS THAT ARE RELATED, THEMES THAT OVERLAP, OR SKILLS THAT ARE TRANSFERABLE.

START WITH THE SCHOOLS STANDARDS - THINK ABOUT THE NEEDS OF YOUR STUDENTS.

COLLABORATE - TALK TO OTHER SUBJECT TEACHERS USE PROJECT-BASED LEARNING SO STUDENTS ARE NATURALLY DRAWN TO MAKE CONNECTIONS BETWEEN THE **DIFFERENT DISCIPLINES.**

USE TECHNOLOGY. THERE ARE MANY ONLINE RESOURCES THAT CAN HELP YOU TO FIND CROSS-CURRICULAR **ACTIVITIES AND LESSONS.**