

Adaptive Teaching

ASPECT

Durden-Myers (2023)



PE SCHOLAR

A

Activities

Can you vary the activity to increase or decrease the level of challenge/support to facilitate success?

S

Space

Can you change the size of the playing area or space to increase or decrease the level of challenge/support to facilitate success?

P

People

Can you change the group to increase or decrease the level of challenge/support to facilitate success?

E

Equipment

Can you change the equipment to increase or decrease the level of challenge/support to facilitate success?

C

Conditions

Can you place conditions on the game or activity to increase or decrease the level of challenge/support to facilitate success?

T

Time

Can you adjust the length of time or speed to increase or decrease the level of challenge/support to facilitate success?

Adaptive Teaching

STEP

Black and Stevenson (2011)



PE SCHOLAR

S

Space

Can you change the size of the playing area or space to increase or decrease the level of challenge/support to facilitate success?

T

Task

Can you vary the activity to increase or decrease the level of challenge/support to facilitate success?

E

Equipment

Can you change the equipment to increase or decrease the level of challenge/support to facilitate success?

P

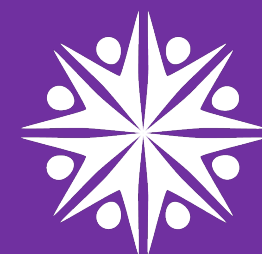
People

Can you change the group to increase or decrease the level of challenge/support to facilitate success?

Adaptive Teaching

TREE

Australian Sports Commission (2023)
[Link](#)



PE SCHOLAR

T

Teaching Style

Can you adapt your communication and delivery strategies to increase or decrease the level of challenge/support to facilitate success?

R

Rules

Can you simplify or change the rules to increase or decrease the level of challenge/support to facilitate success?

E

Equipment

Can you change the equipment to increase or decrease the level of challenge/support to facilitate success?

E

Environment

Can you change the size of the playing area or space to increase or decrease the level of challenge/support to facilitate success?

Adaptive Teaching

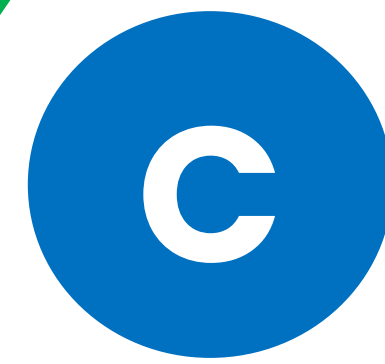
CHANGE IT

Australian Sports Commission (2007)

[Link](#)



PE SCHOLAR



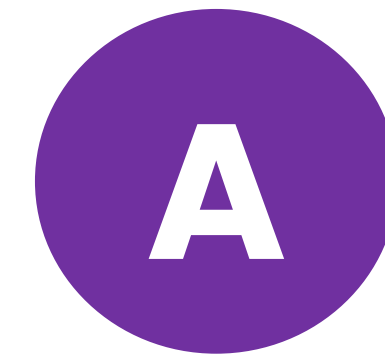
Coaching Style

Can you adapt your communication and delivery strategies to increase or decrease the level of challenge/support to facilitate success?



How you score/win

Can you change the way you score or win to increase or decrease the level of challenge/support to facilitate success?



Area

Can you change the size of the playing area or space to increase or decrease the level of challenge/support to facilitate success?



Numbers

Can you change the group to increase or decrease the level of challenge/support to facilitate success?



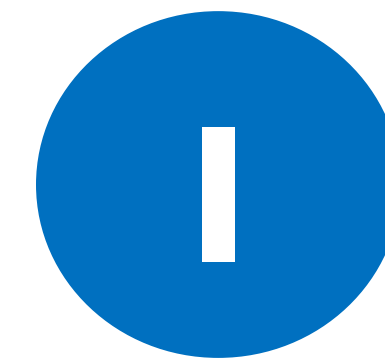
Game Rules

Can you simplify or change the rules to increase or decrease the level of challenge/support to facilitate success?



Equipment

Can you change the equipment to increase or decrease the level of challenge/support to facilitate success?



Inclusion

Ensure all students are involved and engaged in activities using appropriate modifications to increase or decrease the level of challenge/support to facilitate success



Time

Can you adjust the length of time or speed to increase or decrease the level of challenge/support to facilitate success?

Adaptive Teaching

SMILES

Sport Wales, (2022)
[Link](#)



PE SCHOLAR



Safe

Ensure that the learning environment is both physically and emotionally safe.



Maximum participation

Ensure that participation is maximised for all students.



Involved

Involve students in their learning and encourage autonomy.



Learning

Ensure learning is accessible for all students and that all learners make good progress.



Enjoyment

Design enjoyable experiences that allow students to have autonomy and experience just the right level of challenge.



Success

Facilitate success by pitching activities at the appropriate level and providing appropriate support when required.